



Rosacea Skin Condition & How to Help Your Skin

Did you know that over 16 million Americans suffer from Rosacea in one form or another, and over 70% of Rosacea sufferers are either undiagnosed or misdiagnosed?

Rosacea typically consists of challenges including increased inflammation, broken capillary walls, dilated blood vessels, vascular damage, telangiectasia, papules, erythema, pustules and nodules.

There are 4 stages of Rosacea, which have a variety of signs and symptoms for each stage.

Rosacea is not curable but there are many things professional Dermalogica Skin Therapist can do to help you to reduce the symptoms and discomfort of Rosacea including:

- Detoxify the Skin
- Nourish and Support Connective Tissues
- Use AHAs to Promote Blood Vessel Development
- Learn What Triggers the Rosacea and Flare-ups
- Maintaining a Consistent Home Care Regimen
- Balancing the Skin to Aid in its Ability to Repair



There are a variety of Dermalogica Products we recommend to individuals suffering from Rosacea. Below is an example of a home care regimen that is suitable and beneficial.

Products that Cleanse:

- *Precleanse* to Remove Dirt, Oil and Makeup
- *UltraCalming Cleanser* to Calm, Reduce Inflammation and Hydrate

Products that Balance:

- **UltraCalming Mist** to Reduce and Prevent Capillary Damage and Hydrate the Skin

Products that Treat:

- **Charcoal Rescue Masque** to Kill Bacteria, Detoxify the Cells and Reduce Oil Production
- **UltraCalming Serum Concentrate** to Promote Cellular Rehabilitation and Reduce Inflammation and Heal Papules and Pustules

Products that Protect:

- **Barrier Repair** Velvety moisturizer helps fortify sensitized skin with a damaged barrier. This unique anhydrous (waterless) moisturizer helps shield against environmental and internal triggers that cause skin stress; and minimize discomfort, burning and itching.
- **Super Sensitive Shield Spf 30** to protect the skin from UV and environmental damage.
- **UltraSensitive Tint Spf 30**
Tinted, soothing Broad Spectrum moisturizer is ideal for sensitized and reactive skin. Natural mineral sunscreens help shield against photodamage and UV exposure, as the exclusive UltraCalming™ Complex helps minimize discomfort, burning and itching.



Visit Skin & Body Alchemy for relaxing Therapeutic Skin Treatment, **purchase 3 full size UltraCalming products from us, and receive a complimentary 30-min Express Skin Treatment and 25% off from your future 75-min UltraCalming Treatment (offer valid from May through August 31st, 2016).** One offer per customer.

We would love you to feel and see the positive changes in your skin and overall wellbeing!

Location:

Skin & Body Alchemy

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Call us: 971.303.8982

Visit Website: www.SkinAndBodyTreatments.com